

Dr Sabrina Bajwah

Dr Sabrina Bajwah is a Clinical Senior Lecturer at King's College London and an Honorary Consultant in Palliative Care. Having completed a MSc in Palliative Care and a MA in the Ethics of Cancer and Palliative Care, she completed her PhD in complex interventions for patients with end stage interstitial lung disease. During her PhD she developed a complex intervention at the end of life for patients with end stage interstitial lung disease. This intervention, developed using the Medical Research Council Guidance, consisted of developing a case conference integrated model of care to improve symptom control and advance care planning across all settings. The intervention was trialled in a randomised control trial involving both ILD patients in the last year of life and their carers.

Dr Bajwah has been a member of the NICE Quality Standards Committee for Idiopathic Pulmonary Fibrosis and has also been a member of the Emergency Oxygen Guideline Group for the British Thoracic Society and Idiopathic Pulmonary Fibrosis clinical and research advisory committees for the British Lung Foundation. She now works clinically within the palliative care team at King's College NHS Foundation Trust and runs the first interstitial lung disease palliative care clinic in the UK whilst continuing to drive forward respiratory palliative care research. She has recently been awarded a National Institute of Health Research grant to continue her interstitial lung disease research. She is a world leader in ILD palliative care research and has presented at a number of international conferences.

Recent noted publications

- Higginson IJ, Reilly CC, **Bajwah S**, Maddocks M, Constantini M, Wei G. Which patients with advanced disease die in hospital: a 14 year population-based study of trends and associated factors? BMC Medicine 2017 DOI 10.1186/s12916-016-0776
- Kreuter M, Bendstrup E, Russell AM, **Bajwah S**, Lindell K, Adir Y, Brown CE, Calligaro G, Cassidy N, Corte TJ, Geissler K. Palliative care in interstitial lung disease: living well. The Lancet Respiratory Medicine. 2017 Oct 13., ISSN 2213-2600, [http://doi.org/10.1016/S2213-2600\(17\)30383-1](http://doi.org/10.1016/S2213-2600(17)30383-1).
- Boland, J., Reigada, C., Yorke, J., Wells, A., Ross, J., **Bajwah S**, Papadopoulos, A., Currow, D., Grande, G., Hart, S., Macleod, U., & Johnson, M. (2015). The adaptation, face and content validation of a Palliative Care Needs Assessment Tool for people with Interstitial Lung Diseases. Journal of Palliative Medicine February 2016 doi:10.1089/jpm.2015.0355.
- Bajwah S**, Ross JR, Wells AU, Mohammed K, Oyebode C, Birring SS, Koffman J, Higginson IJ, Riley J. Palliative Care for Patients with Advanced Fibrotic Lung Disease: a randomised controlled phase II and feasibility trial of a case conference intervention. Thorax 2015;70(9):830-9
- Patel A, Siegert R, **Bajwah S**, Brignall K, Gosker HR, Moxham J, Maher T, Renzoni E, Wells AU, Higginson Irene, Birring S. The minimal important difference of health status and forced vital capacity in interstitial lung disease. Respiratory Medicine 2013 Sep;107(9):1438-1443

•**Bajwah S**, Higginson IJ, Ross JR, Wells AU, Birring SS, Riley J, Koffman J. The palliative care needs for fibrotic interstitial lung disease: A qualitative study of patients, informal caregivers and health professionals. *Palliative Medicine* 2013;27(9):869-876

•**Bajwah S**, Ross JR, Peacock JL, Higginson IJ, Wells AU, Patel A, Koffman J, Riley J. Interventions to improve symptoms and quality of life of patients with fibrotic ILD: a systematic review of the literature. *December Thorax* 2013 Sep;68(9):867-79

•**Bajwah S**, Koffman J, Higginson IJ, Ross JR, Wells AU, Birring SS, Riley J. "I wish I knew more...." - the end-of-life planning and information needs for end-stage fibrotic interstitial lung disease: views of patients, carers and health professionals. *BMJ Supportive & Palliative Care* 2013;3:84-90